



The Prospector

Sitka Pioneers' Home

August 2017

Vol.37 No.8

Resident Birthdays

<i>Nancy Gangle</i>	<i>8-2</i>
<i>Bonnie Stedman</i>	<i>8-7</i>
<i>Leslie Pellett</i>	<i>8-11</i>
<i>Jean Riederer</i>	<i>8-17</i>
<i>Martha Howard</i>	<i>8-28</i>

Staff Birthdays

<i>Jill Kollerup</i>	<i>8-19</i>
<i>Gabby Cherrier</i>	<i>8-21</i>
<i>Marife Plaisance</i>	<i>8-22</i>
<i>Joyce Hemnes</i>	<i>8-24</i>
<i>Cory Chapman</i>	<i>8-27</i>
<i>Rolly Jeske</i>	<i>8-29</i>
<i>Leah VanCise</i>	<i>8-29</i>

*We will celebrate August birthdays
at the Home Happenings celebration
on Friday, August 25th.*



Scuttlebutt...

Edna and Marc's baby, James, was born up in Anchorage at a tiny 4 lbs 8 oz on July 3rd. We look forward to meeting him when they get back to town.

Mel Ganitano, LPN, has resigned after about 15 years at the Pioneer Home. We will miss Mel; she has been a great person to work with.

New on-call RN II, Carrie Calvin, started her orientation in the middle of July. You may recognize Carrie from SEARHC hospital.

New PRN CNA, Isa Ramil, started in the middle of July. Isa is Marievic's daughter and she spent a lot of time visiting the Home during her childhood. Isa has also volunteered in the ceramics dept. We are so excited to have her join us as part of the nursing team!



Happy Independence Day!



This group enjoyed the campfire pit, gazebo, folk music and a tour of the hatchery while their salmon lunch was prepared by NSRAA staff. Allen Marine gave a smooth boat ride and Skye drove a group out too. What a day!





There were many volunteers this year for the 4th of July. They made the day so special by helping decorate, entertain, and assist with getting out to the parade. A huge thank you to Jill for working on the holiday and organizing the parade attendance and participation! Also, special thanks go to Brian and his family for helping decorate the white bus and go with Elders in the parade. Newly retired Pam S. also came by to lend a hand, as well as our Administrator, Dayna! Even the Sitka Police Department had a hand in helping by closing up the canopy afterwards. Thank you so much; we really couldn't do it without all of you!

NSRAA and Allen Marine put on another awesome Salmon Bake out at the Medvejie Hatchery this month. Thank you for a great meal, warm campfire, and educational tour of the operations. It's always a great trip; we have enjoyed it for many years.

Greg and the kitchen crew put on a very nice BBQ lunch for Independence Day. Thank you for such a wonderful meal! It was really special.

Students from the Cello Seminar performed a great selection for us. They are such talented musicians; what a treat! Thank you.

Thank you so much for the wonderful party that everyone worked so hard on. It was amazing! I love my beautiful picture and bracelet I received for my retirement gifts. Thank you, thank you! I am truly blessed to have worked with such amazing people that are so kind, caring, thoughtful and hard workers. Thank you to the residents; you are the best! Throughout all my years of being employed at the home, I have met some amazing people and built great relationships with them. I will cherish my fond memories of all of them, as you are what makes it such a special place to work at. Many thanks. Hugs and love, Pam Samuelson



Shari, Susie and Riley did the Rag Mop Bop for Pam's last day. It was quite a lively performance!

Summer at Sitka Pioneers' Home



*Take time to
smell the roses!*



Dinner Club ate out at the Sitka Hotel



**Saginaw Youth Choir from Texas sang
a nice selection of Christian Rock.**



**Sitka Fine Arts Camp High School
students performed the pieces they
have been working on during camp.**



Honoring the Administrator!

*Our awesome Administrator, Dayna,
Will be honored at Home Happenings in August.*



Alaska Pioneers' Homes Announces a New Director

Alaska Pioneers' Homes are excited to welcome our new Director, Amanda Lofgren. Amanda brings a wealth of experience to Alaska Pioneers' Homes. She previously worked for Alaska Mental Trust Authority as a Program Officer. In this position, Amanda had an emphasis on Housing and Long Term Services and Supports, Beneficiary Employment and Engagement and Medicaid Expansion and Redesign. Prior to her time at the Trust, she was with the Division of Senior and Disabilities Services as the Rural Long Term Care Coordinator to ensure home and community based services were available in rural Alaska and then with Alzheimer's Resource of AK directly providing services and supports to individuals with Alzheimer's disease and related dementia and their caregivers. She holds both a graduate and undergraduate degree in Gerontology and has a strong passion for working with seniors and their families. Amanda will be working at the Anchorage Pioneers' Home as she currently lives in Anchorage with her husband, Bryant, and their two children.



Janie (left) and Martha (right) took charge of a craft project Mary Ann Williams and Janet Vidad (CNAs) brought to Northern Lights neighborhood. The paper bouquets they created are so intricate. Beautiful!

When Martha wants to help, you can't tell her 'no'!



Nancy (left) and Dottie (right) are old church buddies and they like to get together from time to time.

Skye narrated the story of Kahlid the Kind after introducing Principle 7 at the Eden Gathering in July. Ian Jr. played Kahlid, with Grace as the Camel and Becky as the Traveler. Well done!



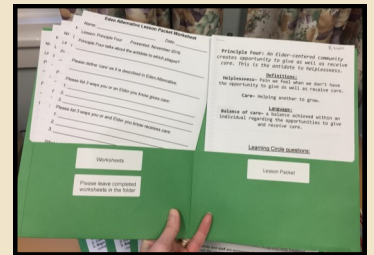
Our Eden Alternative journey focus for July, August and Sept...
Principle Seven: Medical treatment should be the servant of genuine human caring, never its master.

Pick up the Eden Lesson Packets in the green folders on each neighborhood!

Prioritize your ongoing Eden education.

Any questions? Ask Skye!

The packets will be available from August 4th to Sept. 1st.
Pick up a worksheet, fill it out, and turn it in .



Meetings:

Residents: Wednesday, Aug. 9th @ 1:00pm
 Certified Eden Associate: Friday, Aug. 25th @ 10:00am

Home-wide Eden Neighborhood Team Meeting:

Friday, August 4th 2017 @ 1:30pm in the Main Lounge
 Agenda: Review Principle 7. Share Lesson Packet info. Introduce the Domains of Wellbeing.

Certified Eden Associate Training:

Dayna and Skye are really excited to be moving forward on hosting a Certified Eden Associate Training in September! We will share more information about that as the time gets closer. Please feel free to contact one of us if you have any questions about it or are interested in taking the course.

***Remember to look to the Certified Eden Associates for support:**

Dayna Arnold, CEE, Skye Workman, CEE, Saori Handy, Katy Rouse, Chris Davison, Dolores Doggett, Patty Ady, Pat Kehoe-Pendell, Shari Carroll, Lisa Partido, Minda Manuel, Brian Weddel, & Fredi Young



Welcome Bonnie Stedman

Bonita Marie Stedman was born on August 7th, 1940 in Mitchell, South Dakota, to Lloyd Siverts and Ethel (Seeklander) Siverts. Bonnie grew up in Kent, WA, with two brothers. Her older brother, Brian, still lives in Kent, and her younger brother, Blair, lives in San Diego, CA. Bonnie fondly remembers working with her brothers at the farms picking beans, radishes and strawberries.

Bonnie moved to Alaska and married Kenneth Stedman in 1973. Bonnie raised three step children, Larine Dunham, of Petersburg, and Bert and Karl, both of Sitka. Bonnie worked as an insurance agent and insurance agency broker. Bonnie enjoys fishing and has canned lots of salmon.

Bonnie enjoys reading, playing cards, watching TV, entertainment, and social gatherings.

*We welcome Bonnie
to Ocean View Neighborhood
and the Sitka Pioneer Home!*

Allen Marine Boat Trip- Friday, August 22nd, 2017

Allen Marine has donated this trip to the Pioneers' Home residents for many years. The route is dependent on the weather and at the discretion of the captain. We have invited other seniors in the community to join us, as space allows. SPH residents who want to go on the trip should sign up with the recreation department. A wonderful lunch will be provided to enjoy during the cruise. The cost of the lunch for non-residents is \$6.00, which can be paid ahead, or folks are welcome to pack their own lunches. The boat is wheelchair accessible and has comfortable seats and large windows for viewing. Binoculars are also provided. Pioneers' Home staff and volunteers are available to help folks to the boat and several come along to assist during the cruise.

**As space is limited, volunteers are
coordinated by Skye Workman at 747-2103.**

Please be ready!

Load up @ 11:15am.

**The boat leaves @ 12:00pm and
returns 2:30pm.**

Resident Meeting Minutes Wednesday, July 19th 2017 @ 1:00pm

Attending: Martha H, Anna W, Donna G, Joe R, Dottie K, Fredi Y, Mary M, Jean R, Lee S, Robin E, Dayna A, Administrator, and Skye W, RTI.

Food Forum:

Greg was not able to attend. The attendees complimented the accommodating nature of the food service staff.

Old Business:

—Resident Account Update: the Accountant has recommended to spend down the account a bit. Here are some suggestions that were submitted:

- resident copy machine with ink and paper supply (approved to spend \$1,000)
- new bike rack (look into cost)
- Rec. Kitchen Supplies including a Kitchen Aid stand mixer (approved to spend \$600)
- Couches for Main Lounge (look into options/cost)
- Gift certificates for volunteer musicians (approved to spend \$400)
- Special gift for Marievic who volunteered on the Medvejie outing (approved)
- Set money to hire entertainment/speakers for events (more information needed)

Agenda Items:

- Upcoming events were shared. Allen Marine boat trip
- Reminder about filling out an Eden Lesson Packet
- Eden update: Upcoming CEA training...Dayna and Skye will look at putting together a list of trainees for a class in Sept.
- New residents Mary Miller of Sitka, Janie Cowen of Ketchikan and Richard Wilson of Sitka.


New Business:

No new business

Administrator's update:

4th of July with SPH involvement in the parade was great! New director, Amanda Lofgren, of Anchorage will visit Sitka sometime. Dayna will go to a meeting with all the administrators in Sept. There are no capitol projects funded for this year. There is recruiting for an RN II and RN III. Honoring staff may look a little different as managers work to find a way to individualize staff appreciation.

Respectfully submitted, Skye Workman, Recreation Therapist I

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
						
		1	2	3	4	5
	9:30am Nail Care w/Rolly 9:30am Ceramics	8:00am Visits 10:30am Protestant Service 11:15am Gospel Music	9:00am Shopping 9:30am Storytelling 10:00 Biblical Fun	8:00am Visits 11:00am Exercise 11:15am Old Favorites 11:30-1:00pm Farewell for Mel	9:00am Visits 9:30am Catholic Service 10:00am Debby's Violin Class	
	1:00pm Strong & Steady 1:30pm Movie & Popcorn 5:30pm Folk Music	1:30pm Bingo: RHouse 3:45pm Ventures Kids 5:30pm Music 6:00pm Draw / Paint	1:00pm Strong & Steady 3:00pm 4H Kids Visit 5:30pm Golden Oldies		1:30pm Eden gathering	1:30pm Singing

6	7	8	9	10	11	12
8:00am Visits 11:00am Exercise 1:30pm Bingo 2:30pm Bonnie 6:00pm Knitting	9:30am Nail Care w/Rolly 9:30am Ceramics 1:00pm Strong & Steady 1:30pm Movie & Popcorn 5:30pm Folk Music	8:00am Visits 10:30am Protestant Service 11:15am Gospel Music 1:00pm Resident Mtg 2:30pm Bingo: RHouse 5:30pm Music 6:00pm Draw / Paint	9:00am Shopping 9:30am Storytelling 10:00 Biblical Fun 1:00pm Strong & Steady 3:00pm 4H Kids Visit 5:30pm Golden Oldies	8:00am Visits 11:00am Exercise 11:15am Old Favorites 1:30pm Outing/Drive	9:00am Visits 9:30am Catholic Service 10:00am Debby's Violin Class 1:30pm Ice Cream Social	

13	14	15	16	17	18	19
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20	21	22	23	24	25	26
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27	28	29	30	31		
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Please feel free to contact the Activities Department if you would like a copy of our calendar!

Note: Activities are subject to change